

Power Cheer Performance Team 2025-26

The Power Cheer performance team is a non-competitive all-star cheerleading team. This is a pre-team class, that will be one full season (dates are listed below). The team will learn a routine that will be used for scheduled performances. The routine is broken up into sections:

1. The Opening – Eye catching moves that will lock the audience in.
2. Standing Tumbling – No level required, this will be modified to fit every athlete's skill level.
3. Stunts – Team building, and bonding. Safety in stunts is number 1 priority. This will also be modified to fit the team's skill level.
4. Jumps – A series of different jumps.
5. Running Tumbling - No level required, this will be modified to fit every athlete's skill level.
6. Pyramid – Nothing hard nor stressful, a simple pose between connected stunt groups.
7. Dance – The fun and energetic finish line to the routine, showing footwork, motions, visual level changes & more.

Class Details:

- Class age requirement is starting at **6 years old & up**.
- Practices will be once a week; 1 hour & 30 mins long – **Monday 6pm-7:30pm**
- The instructor for this class will be **Christianna Love**

Cost and Requirements:

- *Monthly tuition is \$140*
 - *We bill automatically on the 15th for the following month*
- Pink bows – \$5 (purchased through AAK)
- Required practice & performance wear:
 1. Power Cheer T-shirt- \$25 (purchased through AAK)
 2. Baxinier white cheer shoes, on amazon \$19.99
 3. Black butterfly shorts

Season Details:

- Start date – August 6, 2025
 - End date – March 11, 2026
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1. Sat. October 11, 2025 – Times TBD
 2. Wed. November 12, 2025 – Times TBD
 3. Wed. December 10, 2025 – Times TBD
 4. Wed. January 14, 2026 – Times TBD
 5. Sat. February 28, 2026 – Times TBD
 6. Wed. March 11, 2026 – Times TBD

Team Member Rules:

1. Practices & performances are mandatory, athletes must come to every practice unless you have spoken to your coach in advance.
2. Athletes need to wear cheer shoes to practice, this helps us to have no issues with stunting/learning stunt positions.
3. Athletes need to have their hair up for practice.
4. On the day of a performance athletes need to wear the mandatory apparel that is required.

Contact information:

Christianna Love	Head Coach	christianna.love@allaboutkids.cc
Andrew Wolfson	Program Director	wolfe@allaboutkids.cc